

Rolling Meadows Park District & **Golden Years Council Program Guide**

Your guide to programs, classes, special events & trips

Autumn '18

September . October . November . December



Rolling Meadows Senior Center, 3705 Pheasant Drive
Rolling Meadows, IL 60008
847-818-3205

Sanfilippo Christmas Luncheon & Concert

Exclusive Holiday Tour at the magnificent Sanfilippo Estate in Barrington Hills, Illinois. We begin at noon with an elegant, seated luncheon with complimentary wine, in the beautiful Carousel Pavilion.

Sanfilippo
Foundation

Following the luncheon there will be a live organ holiday concert in the Sanfilippo residence, featuring Dave Wickerham on the Mighty Wurlitzer Theater Organ. Afterward there will be time to enjoy the Sanfilippo Collection and view this private home.



Join us for an extraordinary afternoon at the prestigious, Sanfilippo Estate for a luncheon with wine in the Carousel Pavilion. We'll tell you the history of the Collection and demonstrate fairground and band organs, as well as the 1890 Eden Palais Carousel. The Sanfilippo Collection is the finest collection of automatic music instruments and other artifacts from the late 1800s and early 1900s, all in pristine, working condition for your enjoyment.

Tuesday, December 11, 11:15 am-5:30 pm
Code #: 19-9204, Fee M/NM:\$130/\$140

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REGISTRATION DATES

Members: Now!

Non-Members R/NR:

August 8/August 15

2018 MEMBERSHIP DUES

Resident/Non-Resident: \$27/\$32

Members 90+ years young: \$10

Half price memberships to new

members only became available in

July. Half price memberships good till
12/31/18.

2019 membership prices TBD. 2019
memberships and renewals available
in November.

2018 POT OF GOLD

Tickets on Sale

\$20 each

\$50 for 3 tickets

\$100 for 7 tickets

2019 POT OF GOLD

Tickets on sale 9/4

Movie Dates, 1 pm

Wed., September 26

Wed., October 24

Wed., November 28

No movies in December

Free to Members!

Popcorn & Pop, \$1

Loc.: Auditorium

Rolling Meadows Senior Center, 3705 Pheasant Drive
Rolling Meadows, IL 60008

GOLDEN YEARS Council



"WE DON'T STOP PLAYING WHEN WE GROW OLD, WE GROW OLD WHEN WE STOP PLAYING."

ENJOY THE COUNTLESS BENEFITS INCLUDED IN YOUR MEMBERSHIP!

Rolling Meadows Golden Years Council has been providing service, support and fun activities to all active adults in the Northwest Suburban area for over 30 years. The Rolling Meadows Park District is dedicated to the idea that leisure activity is an important component of life. A large variety of programs and outings are designed for but not limited to adults 50 years and better. Participants do not have to reside in Rolling Meadows and adults of all ages can participate.

Come over and visit us for a free tour or check us out online at rmparks.org to find out what's coming up. Call 847-818-3205 or stop in to the Senior Center to register for the offerings that interest you. Hope to see you soon!

ADDRESS & PHONE

3705 Pheasant Dr.
Rolling Meadows, IL. 60008
847-818-3205

REGISTRATION DATES

GYC Members: Now
Non-Members R/NR: 8/6/8/13

OFFICE HOURS

Mon.-Thu.: 9 am-4 pm
Fri.: 10 am-2 pm

SENIOR CENTER DROP IN ACTIVITIES

ACTIVITY HOURS: Mon.- Fri.: 9 am-4 pm

MONDAY:

Pickleball: 8-9:30am
Fit & Fun: 9 am
Woodshop: 9am-noon
Fishing Club: 10 am
(2nd Monday)
Ladies Pinochle: 10am
(2nd & 4th Monday)
Poker: 12:30 pm
Yahtzee: 1:30 pm
(2nd & 4th Monday)
Five Crowns: 1:30 pm
(1st & 3rd Monday)

TUESDAY:

Chair Yoga: 8:30 am
Canasta: 9 am
Quilting: 9 am

Woodshop: 9am-noon

Railroad Club: 9:30 am
(2nd & 4th Tuesday)

Needle Crafts: noon

Ping Pong: 1 pm

Baggo: 1:30 pm

WEDNESDAY:

Pickleball: 8-9:30am

Fit & Fun: 9 am

Woodshop: 9am-noon

Farkle: 10 am

Pinochle: 12:30 pm

Blood Pressure: 12:30 pm
(Last Wednesday of the month)

Bunco Bash: 1:30 pm

(1st & 3rd Wednesday)

THURSDAY:

Woodshop: 9am-noon
Mexican Train Dominos:
10 am

Bridge: 12:30 pm

Scrabble: 1 pm

(1st Thursday of the month)

Canasta: 2:00 pm

FRIDAY:

Pickleball: 8-9:30am

Fit & Fun: 9 am

Woodshop: 9am-noon

Hand & Pony: 12:30 pm

Bingo: 1 pm

(2nd & 4th Friday)

QUILTERS

Our club was established in 1992 and is a great way to make new friends and share your love of quilting. Our quilt club meets every Tuesday at the Rolling Meadows Senior Center from 9 am to noon. All you need is a needle and scissors, we have the thread and fabric!

NEEDLE CRAFTS

Fiber artists of all skill levels are invited for a cup of tea and friendly conversation. Our group meets at the Rolling Meadows Senior Center on Tuesdays from noon-2 pm.

WOODSHOP

We are a local club that meets Monday through Friday, 9 am to noon. The club is dedicated to increasing the enjoyment of woodworking. Woodworkers of all skill levels are welcome. Guests are invited to stop by one of our general meetings and see what we are all about.

BAGGO

Bag-Go consists of tossing beanbags onto a bag-go board. Previous experience is required. This is not a league. We have a winner of the day each time. Join us for a few laughs and a little exercise on Tuesdays in the Senior Center Lounge.

BINGO

Come out and enjoy a wonderful social group and play one of America's favorite past-times; Bingo. A great place to meet new people or to share an afternoon with your friends.

BUNCO BASH

Do you love to play Bunco and need a social outing? Join our group for this enjoyable game and meet new friends.

PICKLEBALL

Pickleball is perfect for all ages and offers a fun way to get in some quality exercise. September-May, the indoor Pickleball courts in our Community Center Gym are available Mondays, Wednesdays and Fridays 8-9:30 am and on Thursdays, noon to 3 pm. Nets, rackets and balls are available to use during those hours.

*A nominal non-member fee is charged
for all activities at the Senior Center.

SENIOR CLASSES

AARP DRIVER SAFETY PROGRAM 2018 SCHEDULE

Enroll in an AARP Driver Safety class today.

- Develop strategies to drive more safely
- Learn how to adjust for changes in vision and hearing
- Update your knowledge of the Rules of the Road

Classes are taught by trained, State of Illinois approved instructors.

Register at the Senior Center Office or call 847-818-3205.

Loc.: Community Center Conference Room

Day	Dates	Time	Fee AARP Member/Non-Member
Mon. & Tue.	10/15-10/16	9:30 am-1:30 pm	\$15/\$20

RULES OF THE ROAD REVIEW

Sponsored by the Office of the Secretary of State, this course is a great way to brush up on your basic road skills before taking the state written or driving test.

For more information call, 847-818-3205.

Pre-registration is required for these classes. Loc.: Senior Center

Day	Date	Time	Fee
Fri.	10/5	10 am-noon	Free

COTILLION LUNCHEONS

All Request Review

September 12 | Code: 19-9130

Enjoy the afternoon entertainment of Andrew Blendermann on keyboard as he plays your requests! Lunch features minestrone soup, Fettuccini Napolitana with sliced grilled chicken breast in marinara sauce and spumoni ice cream for dessert. A 30 minute financial seminar will be presented by the Village Bank and Trust of Arlington Heights at 10:30 am sharp. For those not attending the seminar, the doors open at 11:00 am and lunch is served at noon.

Oktoberfest

October 16 | Code: 19-9131

Enjoy an afternoon of good food and great fun! Lunch at The Cotillion includes Cream of Vegetable Soup, Bread and Butter, Roast Loin of Pork, Mashed Potatoes, Sauerkraut, Coffee/Tea and Pumpkin Pie for dessert. Back by popular demand, our entertainment for this Luncheon is The Johnny Wagner Band. This four piece band entertains in full German attire. They play traditional Oktoberfest music with a nine foot long Swiss Alphorn, Austrian fife, tuba, trumpet and drum trio. Doors open at 11:00 am. Cash bar. Lunch is served at noon. Get your lederhosen on and register early for this fun, traditional luncheon.

Tickets are not sold at the door. Cash bar. The Cotillion is located at 360 S. Creekside in Palatine near Route 53 and Northwest Hwy. Doors open at 11 am and lunch will be served at noon. This is a contracted event and non-refundable. Please notify the Park District of any food restrictions when you register, not the day of the event. Menu substitutions are not allowed. **\$32**



S.O.S. stands for Seniors Out Socializing and our GYC seniors are dining out together monthly at some wonderful local restaurants. If you're over 50, a member of the Senior Center and would like to be part of this active group, call the Rolling Meadows Park District Senior Center Office, 847-818-3205 and ask to be added to the call list. Bon Appetit!

FITNESS PROGRAMS

FIT N' FUN

Get fit and have fun! This is a drop-in activity. Loc.: Community Center Auditorium

Day	Time	Fee
Every Mon./Wed./Fri.	9-9:30 am	Free to Members/\$1 for Non-Members

CHAIR YOGA

Chair yoga allows you to enjoy the benefits of yoga, like increased flexibility, balance, strength, overall health, and relaxation, without having to sit on the floor. These exercises are gentle and can be done by almost anyone. Optional standing poses using the chair for balance and stability will be offered. *Location: Community Center Auditorium*

Tuesday

Code #	Day	Dates	Time	Fee R/NR
19-5101	Tue.	8/21-9/18	8:30-9:30am	\$32/\$48
19-5111	Tue.	9/25-10/23	8:30-9:30am	\$32/\$48
19-5201	Tue.	10/30-11/27	8:30-9:30am	\$32/\$48
19-5211	Tue.	12/4-12/18	8:30-9:30am	\$20/\$30

Thursday

Code #	Day	Dates	Time	Fee R/NR
19-5114	Thu.	8/30-9/27	8:30-9:30am	\$32/\$48
19-5214	Thu.	10/4-11/1	8:30-9:30am	\$32/\$48
19-5224	Thu.	11/8-12/27	8:30-9:30am	\$45/\$61

TAI CHI

Taoist Tai Chi® Arts incorporates stretching and turning within a sequence of movements to improve the health of your body, mind and spirit. This course will enhance internal strength and energy, balance, vitality and stamina. This class can be done standing, sitting or in a wheelchair. Beginners should arrive a half hour early for an introductory instruction before the regular class starts.

Location: Community Center Dance Room

Friday

Code #	Dates	Time	Fee R/NR
19-9800	8/10-9/21	9:30-10:30am	\$30/\$40
19-9108	9/28-11/30	9:30-10:30am	\$43/\$53
19-9206	12/7-2/8	9:30-10:30am	\$43/\$53

2018 GYC Fundraisers & Events

Come support your local Senior Center and have a great time doing it!

If you have any questions on these events, please call us at 847-818-3205.

September

City Luncheon

Tuesday, September 11
12:30 pm
Senior Auditorium

October

Fundraiser

Friday, October 19
11:30 am
European Crystal
519 Algonquin Rd, Arlington Hts.

SENIOR TRIPS

Art Institute Reflections Festival

Wednesday, September 5

8am-4pm

Celebrate lifelong learning at the Art Institute's 30th annual Reflections Festival. Enjoy a keynote lecture, explore the Art Institute's global collection, engage in interactive gallery discussions and open studio drawing activities, enjoy a musical performance and dance with teaching artists from Hubbard Street Dance Chicago's Parkinson's Project.

Location: Chicago, IL

Code # Fee M/NM

19-9103 \$15/\$25

Little Shop of Horrors at Drury Lane

Thursday, September 13

10:30am-4:45pm

This gem of a musical, inspired by the 1960 darkly comedic horror film of the same name, will charm your heart with infectious doo-wop songs and endearing characters. A down-on-his-luck resident of Skid Row is offered the girl of his dreams, fame and success from an all-powerful R&B singing carnivorous plant, but at what cost? Lunch is included in the beautiful Drury Lane restaurant and includes soup of the day with a choice of roast turkey, roast chicken breast or bistro steak. Dessert will be the chef's selection.

Location: Oak Brook Terrace, IL

Code # Fee M/NM

19-9104 \$90/\$100

Legally Blonde at the Paramount

Wednesday, September 19

11am-4:45pm

Elle has a seemingly perfect life and perfect future. All she needs is her boyfriend Warner to cement it with a proposal. But her dream life turns into a nightmare when Warner decides to break it off because she's not serious enough for him. Heartbroken and in despair, Elle hatches a near-impossible plan to win him back: get into Harvard Law School. A story of rising to a challenge and defying expectations, all while looking fabulous. A buffet lunch is included at the Meyer Ballroom.

Location: Aurora, IL

Code # Fee M/NM

19-9105 \$80/\$90

Starved Rock Lodge Overnight Double

Thursday, October 11-Friday, October 12

Thursday @ 8am - Friday @ 4:30pm

Spend some time with us, relaxing on our third annual visit to the historic Starved Rock Lodge. The package is for an overnight stay and two days of fun. Day one will include lunch and dinner in the dining room, historical storyteller around a campfire and free time to pursue your own activities. The pool, sauna, hot tub, backdoor lounge with cocktails and the reading/card playing lodge are available to you. Day two will include lunch in the dining room, scenic trolley ride, guided hike. The hike is 45 minutes round trip and less than a mile. The trail is not paved and is uneven. Trip goes with limited mobility can choose to stay on the trolley which will go on a tour.

Location: Utica, IL

Code # Fee M/NM

19-9101 \$260/\$270 (Single Room)

19-9102 \$210/\$220 (Double Room)

19-9109 \$194/\$204 (Triple Room)

SENIOR ● TRIPS.

Patterson Glassworks Pumpkins

Wednesday, October 17

10:15am-3:00pm

Make your own one of a kind art glass pumpkin, selecting your own color combinations and pulling and molding the hot glass. You'll work the glass with the assistance of Peter Patterson or one of his assistants. Because these pieces are made with hot glass, they need to cool in an annealer for a few days before we can take them back to the Community Center for you to pick up. Please note that there is a dress code for your safety. You must wear long cotton pants (no jeans with holes in them), socks that cover the ankles, closed-toe gym shoes (no boots, slippers, clogs or sandals) and a long or short-sleeve cotton shirt (no fleece, nylon or synthetic fabrics). Anyone who does not adhere to the dress code will not be able to participate. Afterwards, we will have lunch at El Barrio, at your own expense.

Location: Mundelein, IL

Code # Fee M/NM

19-9106 \$58/\$68

Jewelry Making at Classical Glass

Thursday, November 8

10:45am-3:45pm

We'll enjoy a day in Algonquin, IL at Classical Glass making a custom piece of jewelry to bring home with each of you. You will learn basic glass cutting, fusing, kiln firing and the art of jewelry making. You will have the opportunity to make a pin, pair of earrings, or small magnet. Before our jewelry making we will have lunch at the nearby Rainbow Restaurant at your own expense.

Location: Algonquin, IL

Code # Fee M/NM

19-9201 \$53/\$63

Beauty and the Beast at Drury Lane

Thursday, November 15

10:30am-4:45pm

Based on the beloved Academy Award-winning Disney film, this nine-time Tony nominated musical continues to win the hearts of people all over the globe. Trapped in her provincial life, a young and intelligent beauty risks everything to become the heroine of her own story and break a wicked spell imprisoning a castle of enchanted misfits and a terrifying beast. Lunch is included in the beautiful Drury Lane restaurant and includes a mixed green salad with a choice of roast turkey, lake trout or bistro steak. Dessert will be the chef's selection.

Location: Oak Brook Terrace

Code # Fee M/NM

19-9202 \$90/\$100

Shedd Aquarium

Tuesday, November 27

7:45am-2:15pm

Immerse yourself. Shedd's exhibits connect you to incredible underwater animals from around the world. Dive deep into coral reefs and flooded rain forests, and stroll along the craggy Pacific Northwest coast. We will also see Shedd's aquatic presentation, offering an exciting look at either the Pacific white-sided dolphins or the beluga whales. You will leave with a greater understanding of animal anatomy and what we learn from animals every day. Lunch will be on your own.

Location: Chicago, IL

Code # Fee M/NM

19-9200 \$54/\$64

SENIOR TRIPS

Elf the Musical at Fireside

Wednesday, December 5

8am-6pm

Based on the beloved holiday film, this is a must-see holiday musical. Buddy, a young orphan, mistakenly crawls into Santa's bag of gifts and is transported to the North Pole. The would-be elf is raised, unaware that he is actually a human, until his enormous size and poor toy-making abilities cause him to face the truth. With Santa's permission, Buddy find his birth father and discover his true identity. This modern day holiday classic is sure to make everyone embrace their inner elf! Shopping and a truly wonderful lunch is included.

Location: Ft. Atkinson, WI

Code # Fee M/NM

19-9203 \$105/\$115

Sanfilippo Christmas Luncheon & Concert

Tuesday, December 11

11:15am-5:30pm

Join us for an extraordinary afternoon at the prestigious Sanfilippo Estate for a luncheon with wine in the Carousel Pavilion. We'll tell you the history of the collection and demonstrate fairground and band organs, as well as the 1890 Eden Palais Carousel. Following the luncheon, guests will enjoy a 90 minute concert on the Wurlitzer, with a great variety of Christmas music and a few other selections. After the concert, guests can explore the 44,000 square-foot private home of the Sanfilippo family. The Sanfilippo Estate will be decorated for the holidays.

Location: South Barrington, IL

Code # Fee M/NM

19-9204 \$130/\$140

Morton Arboretum Illuminations

Tuesday, December 18

3:45pm-7:15pm

Join us in celebrating the magic of the holidays. Illuminations is an award-winning, one-mile outdoor walking tour on a paved path winding through 50 acres of The Morton Arboretum's celebrated tree collections. Seating, warming/concession tents, and fire pits are available along the route. So are countless photo opportunities. It's an ideal way to experience the winter woods brought to life with innovative lights, projections, and music. There will be time to dine in their café on your own and visit the gift shop.

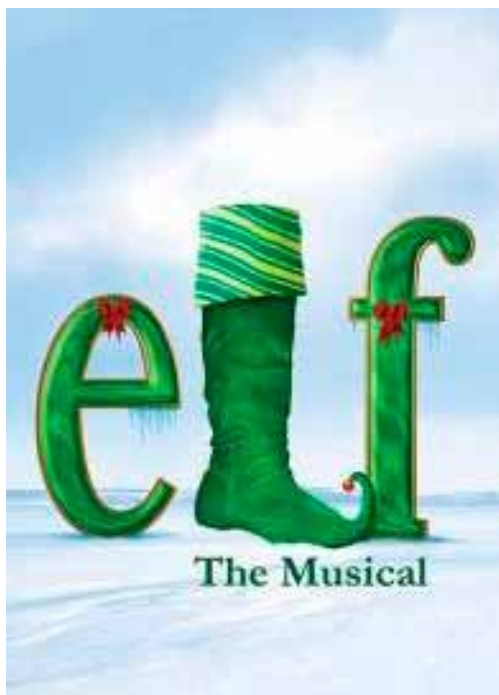
Location: Lisle, IL

Code # Fee M/NM

19-9205 \$27/\$37

elf at Fireside

Based on the beloved holiday film, this is a must-see holiday musical. Buddy, a young orphan, mistakenly crawls into Santa's bag of gifts and is transported to the North Pole. The would-be elf is raised, unaware that he is actually a human, until his enormous size and poor toy-making abilities cause him to face the truth. With Santa's permission, Buddy embarks on a journey to New York City to find his birth father and discover his true identity. This modern day holiday classic is sure to make everyone embrace their inner elf! Shopping and a truly wonderful lunch is included.



Wednesday, December 5
8 am-6 pm, Code #19-9203
Fee M/NM: \$105/\$115

Rolling Meadows Park District, Senior Center, 847-818-3205, 3705 Pheasant Dr., Rolling Meadows, IL 60008



HEALTH, WEALTH & FITNESS FEST FREE FOR ALL SENIORS

ROLLING MEADOWS SENIOR CENTER
3705 PHEASANT DRIVE, ROLLING MEADOWS
WEDNESDAY, AUGUST 22, 2018, 10 am to 2pm



ROLLING MEADOWS
PARK DISTRICT

FIT & FUN CLASSES



TAI CHI

CHAIR YOGA



BLOOD PRESSURE READINGS



REIKI
(DEMONSTRATION)



ROLLING MEADOWS
FIRE DEPARTMENT



ROLLING MEADOWS
POLICE DEPARTMENT



- ROLLING MEADOWS HANDYMAN
- COMMUNITY EVENTS
- CRIME STOPPERS
- REGIONAL TRANSPORTATION
- FINANCIAL INFORMATION

