



SUMMER CAMP 2019

**Rolling Meadows Park District
Figure Skating School**

Presents ...

June 3 through August 9

9 Weeks

No camp July 1-7

3 Days/Week

Monday-Wednesday-Friday

9:00AM-3:30PM (entering 1st-6th grade)

7:45AM-2:45PM (entering 7th-10th grade)

All levels welcome/Tracks for beginners through advanced skaters

RMPD Summer Skating Camp is for recreational and competitive skaters alike. Our camp includes an exciting array of specialty classes and activities both on and off the ice. Instructed by experienced national USFS and PSA accredited coaches, this skating curriculum will encourage skaters to reach their full potential.

Camp Features

- Off ice warm up and goal setting
- On ice stroking and power class
- Off ice dance, conditioning and flexibility classes (i.e. Ballet, Jazz, Modern)
- On ice specialty classes (i.e. Annie's Edges, Jump Technique, Spin, Style)
- Freestyle Practice Ice
- Assorted extra-curricular activities
- Monitoring of skaters on and off the ice
- Free participation in end of summer exhibition

Specific classes subject to change based on enrollment. Additional practice ice and classes may be purchased from the full summer schedule (available separately). Before or after care is available for campers in need of a longer day. Skaters requiring a 5 day per week care program or for any further information, please contact Leanne Walsh at lwalsh@rmparks.org or 847-818-3210.