Rolling Meadows Park District - Disc Golf Scorecard

Hole Number	1	2	3*	4	5	6	7	8	9	Total
Distance	352'	346'	533'	363'	448'	460'	717'	369'	267'	3,855'
Par	3	3	3	3	3	4	4	3	3	29
1.										
2.										
3.										
4.										
5.										
6.										

Hole 1 begins at Nelson Sports Complex, 3900 Owl Dr., rink-side parking lot

*Hole 3 Tee Box is on top of sled hill

Disc Golf Rules for Recreational Play

The following are the disc golf rules for recreational play. The rules are simple and are easy to learn and are meant to provide the basic framework for playing the game. You can of course make up your own rules too!

Tee Throws

Tee throws must be completed within or behind the designated tee area. Do not throw until the players in front of you are out of range.

Lie

The spot where the previous throw has landed, mark with a mini disc or turn over the thrown disc, directly towards the hole or dog leg.

Throwing Order

After teeing off, the player whose disc is farthest from the hole always throws first. The player with the least amount of throws on the previous hole is the first to tee off on the next hole.

Fairway Throws

Fairway throws must be made with the foot closest to the hole on the lie. The other foot may be no closer to the hole than the lie. A run-up and normal follow-through, after release, is allowed.

Dog Leg

A dog leg is one or more designated trees or poles in the fairway that must be passed as indicated by arrows. Until the dog leg is passed the closest foot to the dog leg must be on the lie when the disc is released.

Completion Of Hole

A disc that comes to rest in the Disc basket or chains constitutes successful completion of that hole.

Un-Playable Lie

Any disc that comes to rest above the ground is considered an un-playable lie. The disc must be thrown from the lie on the ground, directly underneath the un-playable lie. Relocated to avoid damage to the vegetation.

Out Of Bounds

If O. B. is visible between the disc and O. B. line? A throw that lands out of bounds, must be played from a point 3 feet in bounds from where the disc went out of bounds, permanent water hazards and public roads are always out of bounds.

Penalties

Recreational players will not be penalized for rule infractions. Other players will keep you honest.

Course Courtesy

Please pick up trash and help new players play by the rules. Your are the one that makes it work. By your example, disc golf will change your life and theirs too. Remember the most important rule: The one who had the most fun wins! Tee off & fly freely.

Rolling Meadows Park District - Disc Golf Scorecard

Hole Number	1B	2B	3B*	4	5B	6	7B	8	9	Total
Distance	328'	159'	296'	363'	237'	460'	340'	369'	267'	2819'
Par	3	3	3	3	3	4	3	3	3	28
1.										
2.										
3.										
4.										
5.										
6.										

Hole 1B begins at North Salk Park, 3160 Owl Dr.

*Hole 3B Tee Box is at base of sled hill

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Tee throws must be completed within or behind the designated tee area. Do not throw until the players in front of you are out of range.

Lie

The spot where the previous throw has landed, mark with a mini disc or turn over the thrown disc, directly towards the hole or dog leg.

Throwing Order

After teeing off, the player whose disc is farthest from the hole always throws first. The player with the least amount of throws on the previous hole is the first to tee off on the next hole.

Fairway Throws

Fairway throws must be made with the foot closest to the hole on the lie. The other foot may be no closer to the hole than the lie. A run-up and normal follow-through, after release, is allowed.

Dog Leg

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Completion Of Hole

A disc that comes to rest in the Disc basket or chains constitutes successful completion of that hole.

Un-Playable Lie

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